



## *Member Update No 3 - 10<sup>th</sup> March, 2010*

### Media Links

#### THE COURIER-MAIL

**Say No to Bullying day could go national:**

<http://www.couriermail.com.au/news/features/say-no-to-bullying-day-could-go-national/story-fn50ufcf-1225837914396>

#### THE CANBERRA TIMES

**Ten ACT schools to trial curriculum:**

<http://www.canberratimes.com.au/news/local/news/general/ten-act-schools-to-trial-curriculum/1765083.aspx>

**Cyber bullying 'a great threat':** <http://www.couriermail.com.au/news/features/cyber-bullying-a-great-threat/story-fn50ufcf-1225836264523>

### Articles of Interest

**A Touchy Situation:**

[http://www.boston.com/news/health/articles/2010/03/01/sensory\\_processing\\_disorder\\_is\\_real\\_to\\_thousands\\_of\\_kids/?page=1](http://www.boston.com/news/health/articles/2010/03/01/sensory_processing_disorder_is_real_to_thousands_of_kids/?page=1)

**6 Memory Tricks for ADHD Students:** <http://www.additudemag.com/adhd/article/6605.html>

**School Organisation Tips for Students with ADHD or Learning Disabilities:**

<http://www.additudemag.com/adhd/article/760.html>

### Research

**The University of Sydney: ADHD research – please see attachments**

### Upcoming Events

**ADHD Across the Lifespan – One Day Conference for Professionals:** Presented by ADDults with ADHD. Friday 12 March at North Ryde. Contact: 9889 5977

**Teaching strategies & Behaviour Support for Autism / Asperger's Syndrome:**

Presented by Sue Larkey. Two dates – Tuesday 16<sup>th</sup> March at Campbelltown, Tuesday 30<sup>th</sup> March at Penrith. Contact: 0433 660 379

**Developing Resilience in Children:** Presented by Learning Links. Wednesday 17 March, 6 – 8.30pm at Peakhurst. Contact: 8568 8200

**Teaching Children Social Skills – strategies for teachers:** Presented by Learning Links. Tuesday 23 March, 6 – 8.30pm at Peakhurst. Contact 8568 8200

**Supporting Children with Learning Difficulties – the Practical Solution Series: Presented by Australian Literacy Clinic.** Parents, Health and Educational Professionals are invited to attend an information seminar by local leading specialists. Saturday 27<sup>th</sup> March, 11am – 3pm, Mayfield. Contact: 0423 584 808

## DVD Review

### **Am I Normal? Teens and Emotional Health**

Available from [www.vea.com.au](http://www.vea.com.au) \$180

This program looks at productive ways to deal with anxiety, anger, depression and sadness.

### **Friendship in Adolescence**

Available from [www.vea.com.au](http://www.vea.com.au) \$136

The program presents friendship information and strategies in a fun, upbeat way using a puppet presenter and a teenage girl as they set out to build a 'friendship'.

## Book Review

### **Autism and Diet: What You Need to Know, by Rosemary Kessick**

Available from [www.abbey.com.au](http://www.abbey.com.au) \$24.95

This book offers an accessibly concise guide to all aspects of dietary intervention in children with autism, and is an ideal resource for parents, teachers and any other family member or caregiver who needs to know how to help implement a safe and healthy diet for an autistic child.

### **Understanding Specific Learning Difficulties, by Margot Prior**

Available from [www.emporiumbooks.com.au](http://www.emporiumbooks.com.au) \$46.15 (online)

Intended to be a succinct and accessible synthesis of current knowledge in the area of specific learning difficulties, this book should be of interest to professionals who encounter children with learning difficulties, tertiary students and parents.

### **Empowered Autism Parenting, by William Stillman**

Available from [www.abbey.com.au](http://www.abbey.com.au) \$27.95

In this groundbreaking book, William Stillman, an expert and passionate advocate on behalf of those with autism, offers a commonsense guide for parenting children with autism.

## Website Watch

<http://www.kidsreads.com/index.asp>

This website has lots of book reviews for kids, interviews with authors, plus listings of books being turned in films eg. Where the wild things are, Cloudy with a chance of meatballs.

<http://www.inklesstales.com/>

This website is all about interactive learning games, stories and poems.

**Cheers,  
from Sue and Wendy**